



Republic of the Philippines  
Department of Education

REGION X  
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

August 18, 2022

DIVISION MEMORANDUM No. 320 s. 2022

**REITERATION ON DEPED ORDER NO. 13, S.2017 RE POLICY AND GUIDELINES ON  
HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES AND  
AWARENESS ON DENGUE PREVENTION**

To: Asst. Schools Division Superintendent  
Chief SGOD/ Chief CID  
Education Supervisors/ Public Schools District Supervisors  
Education Program Specialists/ Admin. Officers V  
Section Heads/ ALS Coordinators  
Elem. / Secondary School Principals  
School Health Personnel  
Teaching and Non-Teaching Personnel  
This Division

1. In order to ensure and maintain food safety and prevent food borne illnesses, the Division is reiterating strict compliance of DepED Order No. 13, s. 2017.
2. In view of this, some of the salient provisions are hereby emphasized, to wit:
  - a. Parents are encouraged to prepare packed snacks and water for their children during school days.
  - b. If students want to buy food or water, they should be advised to buy only at school canteens and be discouraged from going out the campus.
  - c. All school canteens should have Sanitary Permit to be renewed yearly and should be posted strategically inside the canteen (DepED Order No. 17, s. 2005).
  - d. All food handlers, canteen teachers, and food consignees should secure Health Certificates from the City Health Office. Food handlers should wear the Health ID Cards at all times during classes period and should wear white shirt with apron and hair net. Health certificates should be renewed yearly.
  - e. Sanitation and personal hygiene must be strictly observed by the food handlers and canteen personnel at all times.
  - f. School canteens should avoid selling food from unfamiliar and doubtful sources.
  - g. Pesticides, disinfectants, and chemical agents must be stored outside the school canteen.
  - h. Food containers must be properly labelled and covered.
  - i. All foods prepared for the day shall be served and consumed within the day and no left overs to be served the following day.
3. In order to raise the level of consciousness of school children on the importance of food safety and dengue prevention, practical messages shall be integrated in basic education curriculum (TLE, MAPEH).
4. Wearing of face masks, physical distancing, handwashing with soap and water, and using isopropyl/ ethyl alcohol or any alcohol-based disinfectant should be strictly observed by all school personnel and students.

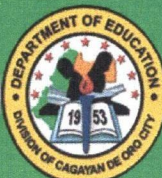
5. All school personnel and learners should be vigilant and intensify the advocacy on dengue prevention to provide a child friendly environment.
  - a. Advise children to wear protective clothing such as long sleeves, pants, and knee socks as the need arises.
  - b. Install insecticide-treated screens (Olyset) if available.
  - c. Use of mosquito repellants appropriately.
  - d. Search and destroy potential breeding sites (tires, bottles, vases, cans, etc.)
  - e. Declogging of wastewater drains, sewers, and canals.
  - f. Empty or drain containers, surfaces, and plants that hold standing water.
  - g. Maintain the general cleanliness of all school areas.
6. All School Principals are advised to download **DepED Order No. 13, s. 2017** for guidance and strict implementation and attached are copies of **4S Strategy on Dengue Prevention**.
7. Immediate dissemination and compliance of this order is directed.

**CHERRY MAE L. LIMBACO- REYES**  
Schools Division Superintendent *[Signature]*



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# 4S KONTRA DENGUE



## S

### earch and Destroy

Clean your surroundings  
Dispose all unusable items that can collect and hold water



## S

### eek Early Consultation

Go to the nearest Health Facility near you



## S

### elf-Protection Measures

Wear long pants and long sleeved shirt  
Use mosquito repellent everyday



## S

### upport Spraying/Fogging

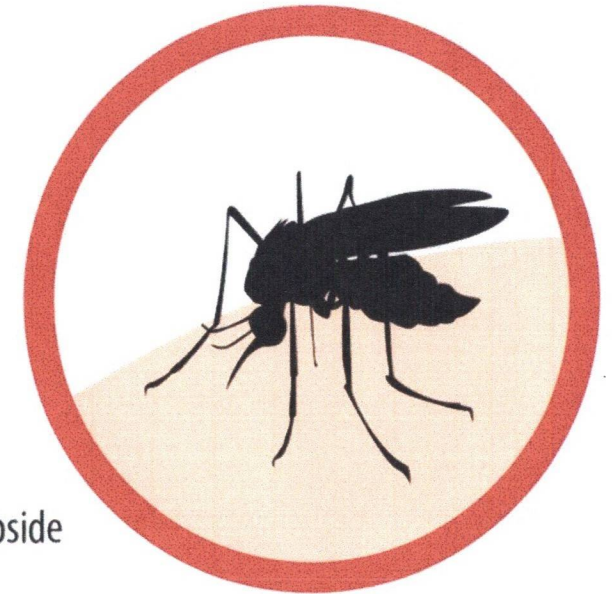
in the community if there is increasing cases or impending outbreak



# Dengue

## Signs and Symptoms

- Sudden onset of high fever which may last from 2 to 7 days.
- Joint and muscle pain and pain behind the eyes
- Difficulty of breathing
- Abdominal pain
- Weakness
- Dark-colored stools
- Skin rashes
- Vomiting of coffee-colored matter
- Nose bleeding when fever starts to subside



## Prevention

Follow the 4S to prevent Dengue:

- Search and destroy
- Self-protection measures
- Seek early consultation
- Say yes to fogging when there is an impending outbreak or a hotspot

## Immediate treatment

- Do not give aspirin for fever.
- Give sufficient amount of water or rehydrate a dengue suspect.
- If fever or symptoms persist for 2 or more days, bring the patient to the nearest hospital.



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